

# Team Outrageous Mid Week Triathlon

## New Bike Course (18th May 2005)

1. After the bike mount point next to transition turn right (virtually straight ahead) into Lunsford Lane and travel up to the slip road.
2. At the slip road filter onto the A228 travelling towards the RSPCA roundabout.
3. Once at the RSPCA roundabout, go all the way around and travel back along the A228.
4. At the Ham Hill Roundabout go straight over onto the lap section of the bike course.
5. Complete FOUR laps of the Ham Hill/Wimpy Roundabout section
6. After FOUR laps, go straight over the Ham Hill Roundabout, past the slip road and towards the RSPCA Roundabout.
7. Take the left hand slip road at the RSPCA Roundabout into Leybourne Way
8. Take the first left into Lunsford Lane and back to T2.

